

## **B. ED. (2-YEARS)**

### **PROGRAMME OUTCOMES**

On successful completion of the two-year B.Ed. programme, students will be able to develop-

- 1. Teaching competency:** Know, select and use of learner-centered teaching methods, understanding of paradigm shift in conceptualizing disciplinary knowledge in school curriculum, necessary competencies for organizing learning experiences, select and use of appropriate assessment strategies for facilitating learning.
- 2. Pedagogical skills:** Applying teaching skills and dealing with classroom problems.
- 3. Teaching through Nonconventional Modes:** Evolving a system of education which enhances the potential of every learners to acquire, retain and transform knowledge leading to wisdom society through creative, experiential and joyful modes of learning.
- 4. Critical Thinking:** Analysis of Curriculum, construction of blue print, selecting appropriate teaching strategies according to needs of students and conducting action research to solve classroom problems.
- 5. Effective Communication:** Presenting seminar before peer students and teachers and practicing communication skills through various linguistic activities and applying it for better classroom communication.
- 6. Sensitivity towards Inclusion:** Identifying the diversities and dealing it in inclusive classrooms environment, guidance and counselling programmes for disabled students.
- 7. Content Analysis:** Analyze the text-books and syllabus.
- 8. Effective Citizen Ethics:** Understand different values, morality, and social service and accept responsibility for the society.
- 9. Social Resilience:** Understand about social entities and enable to cope up with adverse conditions of life.
- 10. Physical Development:** Practice yoga and physical education games.
- 11. Team Work:** Locate as a member or leader in diverse teams and in multi-disciplinary settings by following the principles of collaborative learning, cooperative learning and team teaching.

### **PROGRAMME SPECIFIC OUTCOMES**

1. To understand learner and his learning environment, contemporary India and education,

school management, gender, school and society.

activities by school internship.

2. To comprehend Language across the curriculum, Reading and reflecting on Texts, Drama and Art in Education, developing Communication Skills and observation of school activities by school internship.

3. To understand the individual differences among students, measuring the attainment, evaluating progress, and assessing learning abilities, guidance and counselling programmes, educational technology, ICT and lesson planning.

4. To provide real experiences of classroom teaching and online teaching by using ICT and

5. To understand classroom diversities and enable them to deal with diverse learners in

inclusive classroom setup, environmental education, Field Engagements with community

and CP (NSS, Community Services etc.).

## **COURSE OUTCOMES FOR B.ED. (2-YEARS)**

### **SEMESTER-I**

After the completion of the course students will be able to:

#### **(P-I)**

#### **UNDERSTANDING THE LEARNER AND LEARNING ENVIRONMENT**

- Describe the stages of growth and development
- Understand characteristics of adolescents with reference to socio-cultural factors
- \* Understand the role of teacher in holistic perspective of learner and learning
- \* Analyze the concept of inequality, marginalization and multi-culturalism and their effect on learning
- Distinguish the different learning approaches and their educational implications
- Summarize the importance of individual differences in normal classroom

#### **(P-II)**

#### **CONTEMPORARY INDIA AND EDUCATION**

- Differentiate among Diversity, Inequality and Marginalization
- Understand LPG (Liberalization, Privatization and Globalization) and its Impact on Society.

- Know historical background of Secondary Education
- Understand the constitutional obligations in relation to education.
- Understand the dynamism in concepts of education in relation to changing socio, political and economic conditions in India.
- Familiarize with the present educational problems of Secondary Education.
- Critically appraise various aspects of Secondary Education.

**( P -III)**

#### **EDUCATION AND DEVELOPMENT**

- Analyze the social, cultural and political context of education.

Examine the changing emphasis on education in the context of globalization and privatization

- Understand the relevance of education in relation to social, political, economic and cultural context.
- Prepare the students to understand education helps in economic and national development.

**(PAPER: IV and V)**

#### **Pedagogy of a School Subject - I (PS-I) and Pedagogy of a School Subject - II (PS-II)**

- Classify different methods of teaching school subjects to student teachers.
- Develop understanding of the significance of that particular pedagogy subject in the present context.
- \* Correlate particular pedagogy subject with other school subjects.
- Outline aims and objectives of teaching of school subject.
- Acquaint student teachers with different techniques of evaluation.
- Prepare and use different teaching aids.

**(PAPER: VI)**

#### **LANGUAGE ACROSS THE CURRICULAM (CP-III)**

- Understand the concept of classroom transaction

- Recognize schema theories
- Explain the nature and types of questioning
- Explain the Concept of Listening, Speaking, Reading and Writing and its significance

**(PAPER: VII)**

**READING AND REFLECTING ON TEXTS (EPC-I)**

- Discuss narrative text, autobiographical text and ethnographical text.
- Explain different types of Text
- Reflect upon different types of policy document

**SEMESTER-II**

After the completion of the course students will be able to:

**(PAPER: I)**

**UNDERSTANDING THE LEARNING PROCESS**

: Know the various steps involved and understand the role of teacher in motivating, strengthening and sustaining learning styles.

- Explain the nature and characteristics of teaching
- Describe the principles and maxims of teaching
- Discuss anatomy of teaching
- Differentiate between teaching and learning

**(PAPER: II)**

**ASSESSMENT FOR LEARNING**

- Gain a critical understanding of issues in assessment and evaluation.
- Select cognizant of key concepts, such as formative and summative assessment, evaluation and measurement, test, examination
- Be exposed to different kinds and forms of assessment that aid student learning
- Become the use of a wide range of assessment tools, and learn to select and construct these

appropriately

- Evolve realistic, comprehensive and dynamic assessment procedures that are able to keep the whole student in view

**(PAPER: III**

**Educational Technology and ICT**

- Understand the nature and scope of educational technology and also about the various forms of technology
- Explain the systems approach to Education and communication theories and modes of communication
- Familiar with the instructional design and modes of development of self-learning material
- Describe the concept of ICT in education and appreciate the scope of ICT for improving the personal productivity and professional competencies

**(PAPER: IV and V)**

**Pedagogy of a School Subject - I (PS-I) and Pedagogy of a School Subject - II (PS-II)**

- Describe some important methodologies & techniques of teaching subject.
- Prepare and use appropriate audio-visual teaching aids for effective teaching of school subject.
- Differentiate different types of approaches of pedagogy of a school subject.
- Know the concept of evaluation.
- Understand different types of test.
- Formulate macro lesson plan.
- Comprehend different types of micro teaching skills.

**(PAPER: VI**

**DRAMA AND ART IN EDUCATION (EPC-I)**

- Prepare effective teaching aids.
- Apply basic knowledge about color scheme.

- Develop imagination and sense of appreciation of art and aesthetic sense.

**(PAPER: VII)**

**COMMUNICATION SKILLS**

- Construct a classroom climate that fosters learning, equity, and excellence and will use this knowledge to create a physical and emotional environment that is safe and productive.
- Understand and apply principles and strategies for communicating effectively in varied teaching and learning contexts.
- Analyze student performance and achievement; provide students with timely, high-quality feedback; and respond flexibly to promote learning for all students.

**SEMESTER-III**

After the completion of the course students will be able to:

**(PAPER-I**

**School Internship CPI (SI) & CPII (SI)**

- \* Be exposed to the real experiences of classroom teaching.
- Set up diverse learners in inclusive classroom setup.

Apply teaching skills and dealing with classroom problems.

**(PAPER-II)**

**FIELD ENGAGEMENT WITH COMMUNITY and CP FE-III**

- Develop an awareness and sensitivity.
- Progress the capacity to facilitate personal growth and social skills in their own students.
- Identify the diversities and dealing it in inclusive classroom environment for disabled students.

**SEMESTER-IV**

After the completion of the course students will be able to:

**(PAPER-I)**

**GENDER, SCHOOL & SOCIETY**

- Understand the basic terms, concepts used in gender studies.
- Comprehend the gender discrimination in construction and dissemination of knowledge.
- Develop an awareness and sensitivity.

**(PAPER-II)**

**GUIDANCE AND COUNSELLING**

- Understand the meaning, nature and scope of guidance.
- Recognize the role of guidance and counselling
- Appreciate the need of guidance

**(PAPER-III)**

**INCLUSIVE EDUCATION**

- Explain the concept of Disability.
- Describe the concept of Inclusion and its historical perspective.
- Differentiate various types of Inclusion.
- Explain various constraints in setting Inclusive Schools.

**(PAPER-IV)**

**SCHOOL MANAGEMENT**

- Explain School as a conducive learning environment.
- Describe the role of teacher and the principal in ensuring a vibrant school climate.
- Summarize the concept of Quality Enhancement and Management in school.

**(PAPER-V)**

**VOCATIONAL AND WORK EDUCATION CP -V (Option: i)**

- Describe education demands of the population, support professional, career development.
- Relate feed economy with qualified staff competitive both on local and international labor market.
- Support student mobility.
- Plan professional development of minority groups and create employment opportunities for them.

**HEALTH AND PHYSICAL EDUCATION CP- V (Option: ii)**

- State personal hygiene.

Describe about the concept of health education.

- Explain the importance of balanced diet.
- Understand the techniques used to diagnose health.

**PEACE AND VALUE EDUCATIONCP- V (Option: iii)**

- Describe the concept of peace education.
- Explain the dynamics of transformation of violence into peace.
- Generalize the significance of peace in Self-development.
- Familiarize the nature of conflicts and their resolutions.

**FOUNDATIONS OF CURRICULUM DEVELOPMENT CP- V (Option: iv)**

- Understand the concept of curriculum
- Differentiate curriculum and syllabus
- Discuss various Facets of curriculum

Converse theories and types of curriculum

Explain the process of curriculum development

- Discuss the role of school philosophy in developing curriculum
- Discriminate between centralized and de-centralized curriculum
- Confer the problem of curriculum load

**(PAPER-VI)**

**Enriching Learning through ICT (EPC-III)**

- Describe about com
- Prepare slide presentation.

**(PAPER-VII)**

**UNDERSTANDING THE SELF (EPC-IV)**

- Discover and develop open-mindedness, the attitude of a self-motivated learner, having self-knowledge and self-restraint.
- Develop the capacity for sensitivity, sound communication skills and ways to establish peace and harmony.
- Progress the capacity to facilitate personal growth and social skills in their own students.

**B.P.Ed.**

**Programme Learning Outcomes**

P0 1:

Understand the disciplinary content knowledge, application of pedagogical content knowledge to teaching of physical education (Content Knowledge)

P0 2:

Identify and apply learner centric teaching methods.

P0 3:

Apply teaching skills, managerial skills in dealing with classroom problems/situations (Pedagogical skills)

P0 4:

Use effective communication skills and strategies to enhance student engagement & learning.

P0 5:

Use and design variety of appropriate assessment and reflection strategies for facilitating learning (Reflection)

P0 6

Use appropriate technology to enhance teaching and learning and enhance personal and professional productivity (Proficiency in technology)

P0 7

Identify diverse needs, plan inclusive classroom experiences and facilitate guidance and counselling programs for differently abled students (Inclusion)

P0 8

Foster relationships and collaboration with colleagues parents community to support students growth and wellbeing (Collaboration)

#### PROGRAM SPECIFIC OUTCOMES (PSOs)

The Bachelor of Physical Education (B.P.Ed.) Programme is a professional Programme meant for preparing physical education teacher for high school (classes I to X) level. The curriculum and syllabus have been structured in such a way that each of the course meets one or more of the outcomes related to the skills, knowledge, and behaviour that students acquire as they progress through the program. Further, each course in the program spells out clear instructional objectives which are mapped to the student outcomes.

### **B.P.Ed Course (2 Years)**

#### **COURSE LEARNING OUTCOMES**

##### **Semester I**

##### **Paper I**

##### **HISTORY, PRINCIPLES AND FOUNDATION OF PHYSICAL EDUCATION.**

The students will be able to describe:

1. Meaning, Definition and Scope of Physical Education.
2. Aims and Objective of Physical Education.
3. History of physical Education in India from ancient times to 1947.
- 4.

Meaning and main features of Idealism, Pragmatism, Naturalism and Realism.

Relevance and importance of Idealism, Pragmatism, Naturalism, Realism and Existentialism Physical Education.

5. Biological Activity, Nature and need,

## **Paper -II**

### **ANATOMY AND PHYSIOLOGY**

The students will be able to describe

1. Meaning and definition of Anatomy and Physiology.
2. Effect of exercise and training on cardiovascular system
3. Importance of Anatomy and Physiology in the field of Physical Education and Sports.
4. Nerve control of muscular activity and Reflex action.

## **Paper-III**

### **HEALTH EDUCATION AND ENVIRONMENTAL STUDIES**

The students will be able to describe

1. Meaning and Definition of Health, Health Education.
2. Aim, objective and Principles of Health Education
3. Common health problems in India: Obesity, Malnutrition, Adulteration in food, Environmental sanitation.
- Objective of school health service, Role of health education in schools
4. Health Services: – Health service in India, Health appraisal of

## **Paper-IV**

### **COMPUTER APPLICATIONS IN PHYSICAL EDUCATION, School Health**

The students will be able to describe

1. Introduction to Computer, Advantages and Disadvantages of Computer.
2. Introduction to MS Power Point
- .
3. Procedure for inserting Picture, Graph, table etc.

4. Introduction to MS Excel.

## **SEMESTER – II**

### **Paper - I**

#### **METHODS OF TEACHING IN PHYSICAL EDUCATION**

The students will be able to describe

1. Meaning and Importance method of teaching in physical education.
2. Teaching Procedure – Whole method, Whole – part – whole method, Part whole method.
3. Teaching Aids – Meaning and Importance of teaching aids..
4. Meaning and definition of Lesson Planning.

### **Paper-II**

#### **ORGANIZATION AND ADMINISTRATION IN PHYSICAL EDUCATION.**

The students will be able to describe

1. Meaning and definition of Organization and Administration in physical Education and sports
2. Meaning, definition, functions and kinds of office management.
3. Meaning, Need and Importance of time table
4. Meaning, Importance and planning of intramural.

### **Paper-III**

#### **OFFICIATING AND COACHING**

The students will be able to describe

1. Meaning and Importance of officiating and coaching
2. Methods of conditioning and training.
- 4 .Principles of Training
4. Duties of coach- pre game, during game and post-game Duties.

### **Paper-IV**

#### **SPORTS TRAINING**

The students will be able to describe

1. Meaning and Definition of Sports Training
2. Principles and Characteristics of Sports Training
3. Training Load- Definition and Types of Training Load.
4. Planning – Meaning and types of Planning.

## **SEMESTER -III**

### **Paper-I**

#### **Research Methodology and Sports Statistics**

The students will be able to describe

1. Definition, Meaning, of Research.
2. Need and Importance of Research in Physical Education
3. Meaning of research Problem.
4. Meaning and definition of Hypothesis

### **Paper - II**

#### **SPORTS PSYCHOLOGY AND SOCIOLOGY**

The students will be able to describe

- Meaning and Importance Sports Psychology.
2. Methods of Sports Psychology.
  3. Meaning and Nature of learning
  4. Meaning of anxiety and effect of anxiety o

### **Paper-III**

#### **SPORTS MEDICINE, PHYSIOTHERAPY AND Rehabilitation**

The students will be able to describe

1. Meaning. Aim and objectives of sports medicine
2. Meaning and Types of Bandages.
3. Importance of Physiotherapy in Sports.
4. Massage: Brief History of Massage.

### **Paper-IV**

## **YOGA**

The students will be able to describe

1. Definition, meaning, Aims and objectives of Yoga
2. Meaning and methods of meditation
3. Techniques and benefits of pranayama.
4. meaning and benefits of asana.

## **SEMESTER – IV**

### **Paper-I**

#### **KINESIOLOGY AND SPORTS**

##### **BIOMECHANICS**

The students will be able to describe

1. Meaning, Definition, of Kinesiology and Sports Biomechanics.
2. Importance of Sports Biomechanics to Physical Education Teacher,
3. Importance of good posture.
4. Meaning and Characteristics of Projectile.

### **Paper-II**

#### **CONTEMPORARY ISSUES IN PHYSICAL EDUCATION, FITNESS**

The students will be able to describe

1. Professionalism in Physical Education and Sports.
1. Definition, Importance and Scope of fitness and Wellness.
2. Types of Fitness
3. aerobic and anaerobic exercises
4. Principles and factors of fitness and wellness

### **Paper-III**

#### **SPORTS MANAGEMENT**

The students will be able to describe

1. Meaning, Definition, and need of Sports Management.
2. scope of Sports management.
3. Meaning and Definition of leadership.

4. Qualities of good administrative leader

#### **Paper-IV**

#### **MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION**

The students will be able to describe

1. Meaning and Definition of Test, Measurement and Evaluation
2. Meaning of Somatotyping
3. Importance of Measurement and Evaluation in Physical Education.
4. Height and Weight Measurement, BMI